



# 2011 Fall Session 1 Swim Program

## September 8 to November 9, 2011



**We teach  
American Red Cross  
programs**

Lake Country Racquet & Athletic Club  
560 Industrial Drive \*\* P.O. Box 76  
Hartland, WI 53029

www.lcclub.com

Tel: 262-367-4999  
Fax: 262-367-2574

E-Mail: wilsond@lcclub.com

### Registration options:

- Online at [www.lcclub.com](http://www.lcclub.com)
- or
- Complete & return registration form to our front desk

- Non-members are welcome in our group classes.
- All group classes are limited to 6 participants for lower level classes and 10 for advanced classes.
- We reserve the right to postpone a class if registration falls below a minimum of 3 participants. We will refund all unused portion or with the parent's permission move the student to another class.
- Occasionally the club will have to cancel a scheduled class due to pool maintenance, or a weather related closing. If necessary, we will run a make-up class Saturday, November 12 from 9—10:00 or 1-2:00. Exact times for each group will be announced by the group's instructor.
- Parents with opposite sex children must use our family locker rooms. Please ask at the desk for a locker key.

## 2011 Fall ~ Session 1 Group Swim Registration

Parent's Name: \_\_\_\_\_ Member/Non? \_\_\_\_\_

Best contact phone #: \_\_\_\_\_

Email address: \_\_\_\_\_

If non-member, address: \_\_\_\_\_

\_\_\_\_\_

Student #1 Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Lesson Name: \_\_\_\_\_ Day: \_\_\_\_\_ Time: \_\_\_\_\_

Lesson Date: \_\_\_\_\_ (if beginning session after start date)

Student #2 Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Lesson Name: \_\_\_\_\_ Day: \_\_\_\_\_ Time: \_\_\_\_\_

Lesson Date: \_\_\_\_\_ (if beginning session after start date)

Student #3 Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Lesson Name: \_\_\_\_\_ Day: \_\_\_\_\_ Time: \_\_\_\_\_

Lesson Date: \_\_\_\_\_ (if beginning session after start date)

### DROP IN (late start) REGISTRATION INFORMATION:

- We allow a late start into our program, but we do not allow early withdrawal.
- If beginning the class after the session start date, registration/payment for the class may not be done earlier than 6 days prior to start date!
- May be done either online at [www.lcclub.com](http://www.lcclub.com) or in person.
- No guaranteed placement for drop in's due to late start.

## Preschool & 4-yr old Kindergarten (30 minutes)

Per Lesson fee: \$7.00\* member - \$12.00\* non-member  
\* plus \$5.00 Red Cross Fee

<b>AQUA PRE-PEE WEE 1</b>					Age: 3-5	
No swimming ability required.						
				Member	Non	
APPW1	Wednesday	4:15	Sandee	\$68.00	113.00	
APPW1	Thursday	1:00	Sally	\$68.00	113.00	
APPW1	Saturday	10:00	Sally	\$68.00	113.00	

<b>AQUA PRE-PEE WEE 2 - 4</b>					Age: 3-5	
Submerge entire head for 5 seconds, swim by themselves 3 feet without touching the bottom, knows butterfly, front crawl, and back crawl. APPW 3 & 4 must be instructor approved.						
				Member	Non	
APPW2	Wednesday	4:15	Sandee	\$68.00	113.00	
APPW2	Thursday	1:00	Sally	\$68.00	113.00	
APPW2	Saturday	10:30	Sally	\$68.00	113.00	

## Kindergarten (30 minutes)

Per Lesson fee: \$7.00\* member - \$12.00\* non-member  
\* plus \$5.00 Red Cross Fee

<b>AQUA PEE WEE 1</b>					Age: 5-6 years	
No swimming ability required.						
				Member	Non	
APW1	Tuesday	1:00	Sally	\$68.00	113.00	
APW1	Saturday	10:00	Donna	\$68.00	113.00	

<b>AQUA PEE WEE 2</b>					Age: 5-6 years	
Submerge entire head for 5 seconds, swim by themselves 3 feet without touching the bottom, knows butterfly, front crawl, and back crawl.						
				Member	Non	
APW2	Tuesday	1:00	Sally	\$68.00	113.00	
APW2	Saturday	10:00	Donna	\$68.00	113.00	

<b>AQUA PEE WEE 3 &amp; 4</b>					Age: 5-6 years	
Student can swim front & back crawl 10 feet, equipment optional, can swim 1 length of pool in any way.						
				Member	Non	
APW3	Join Aqua Futurestars 1.5					
APW4	Join Aqua Superstars 2.0					

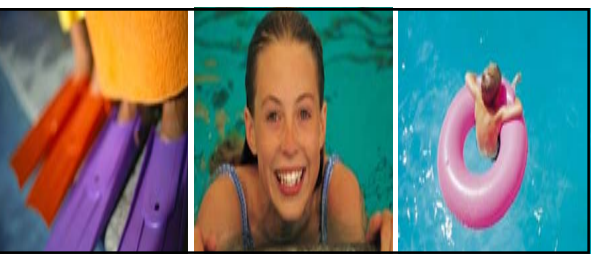
## Elementary School Age (30 minutes)

Per Lesson fee: \$7.00\* member - \$12.00\* non-member  
\* plus \$5.00 Red Cross Fee

<b>AQUA FUTURESTARS 1.0</b>					1st grade & up	
No swimming ability required.						
				Member	Non	
AF1.0	Saturday	10:30	Donna	\$68.00	113.00	

<b>AQUA FUTURESTARS 1.5</b>					1st grade & up	
Student can swim front & back crawl 10 feet, equipment optional, can swim 1 length of pool in any way.						
				Member	Non	
AF1.5	Tuesday	4:30	Sandee	\$68.00	113.00	
AF1.5	Wednesday	4:45	Sandee	\$68.00	113.00	
AF1.5	Saturday	11:00	Sally	\$68.00	113.00	

<b>AQUA SUPERSTARS 2.0</b>					1st grade & up	
Swim front & back crawl 15 feet, butterfly 5 feet, swim 2 lengths of the pool in any way.						
				Member	Non	
AS2.0	Monday	4:45	Sandee	\$68.00	113.00	
AS2.0	Tuesday	5:00	Sandee	\$68.00	113.00	



## Elementary School Age (45 minutes)

Per Lesson fee: \$9.00\* member - \$14.00\* non-member  
\* plus \$5.00 Red Cross Fee

<b>AQUA SUPERSTARS 2.5</b>					1st grade & up	
Swim front & back crawl 20 feet, butterfly 10 feet, swim 3 lengths of the pool in any way.						
				Member	Non	
AS2.5	Monday	5:15	Sandee	\$86.00	\$131.00	

<b>AQUA EXCELLENCE 3.0</b>						
Swim front and back crawl 45 feet, butterfly 20 feet, knows what the elementary backstroke and breaststroke is. Can swim 3 lengths of pool without stopping.						
				Member	Non	
AE3.0	Monday	4:30	Sally	\$86.00	\$131.00	

## Teenage (60 minutes)

Per Lesson fee: \$11.00\* member - \$16.00\* non-member  
\* plus \$5.00 Red Cross Fee

<b>AQUA TEEN (level 4.0, 5.0, 6.0 combined)</b>						
Swim front crawl 45 feet, back crawl 15 feet, butterfly 15 feet, understands the arm motions of the breaststroke, and can swim 4 lengths of the pool with any combination of the above strokes.						
				Member	Non	
AT	Monday	6:15	Sally	\$104.00	\$149.00	

## Wave (60 minutes)

Per Lesson fee: \$11.00 member - \$16.00 non-member

<b>WAVE ADVANCED</b>						
Students must continuously swim 400 yards (8 lengths) 200 front crawl (Freestyle) & 200 back crawl (Backstroke). In addition student must swim 50 yards breaststroke and 25 yards butterfly.						
				Member	Non	
WAVE	Monday	5:15	Sally	\$99.00	\$144.00	

## U.S. Masters Swimming

Member only: \$14.00/week

<b>BEGINNER TO ADVANCED</b>						
Work 30 minutes with a coach on drills to improve or teach strokes. Receive a work-out program each week. Goggles required, cap recommended.						
				Member		
MASTERS	Mon/Thurs	5:30 am	Donna	\$126.00		

### AMERICAN RED CROSS FEE

As of July 1, 2011 the American Red Cross will be charging a fee of \$5.00 per person, per class for processing reports sent in from your instructor. In order to retain their certification, every instructor is required to submit their student's class information. This fee only effects our group classes.

## Are you interested in private swim lessons?

We offer private lessons to children and adults of all ages! You must be a member\* of our facility in order to participate.

If you are interested, please contact Donna Wilson (wilsond@lclub.com) or the instructor you wish to work with.

### Pricing:

# of participants	30 Min	45 Min	60 Min
1	\$17	\$25	\$32
2	\$11	\$16	\$20
3	\$9	\$11	\$15
4	\$8	\$10	\$14
5	\$7	\$9	\$13
6	\$6	\$8	\$12

We also have semi-private lessons as well as privately created group lessons (members\* only), so we encourage you to contact us and we can fit you with the best solution for yourself and your family.

\*Child or grandchild of member will receive the member rate until age 8. Thereafter, the child must be a member to receive private lessons.