



**TRIBE**  
TEAM TRAINING



An Innovation in Group Personal Training



Monday  
June 12

Tuesday  
June 13

Wednesday  
June 14

Thursday  
June 15

Friday  
June 16

5:30am - 6:30am  
TribeCORE - KYLE

5:30am - 6:30am  
TribeFIT - KYLE

5:30am - 6:30am  
TribeCORE - KYLE

5:30am - 6:30am  
TribeFIT - KYLE

7:00am - 8:00am  
TribeCORE - KAYLA

6:45am - 7:45am  
TribeLIFE - KRIS

7:00am - 8:00am  
TribeCORE - KAYLA

6:45am - 7:45am  
TribeLIFE - KRIS

9:00am - 10:00am  
TribeFIT - MINDY

8:00am - 9:00am  
TribeCORE - DAVE

8:30am - 9:30am  
TribeLIFE - MIKE

8:00am - 9:00am  
TribeCORE - DAVE

8:30am - 9:30am  
TribeLIFE - MIKE

10:00am - 11:00am  
TribeFIT - KYLE

9:00am - 10:00am  
TribeFIT - MINDY

10:00am - 11:00am  
TribeFIT - KYLE

Contact Kris Walter (walter@lclub.com) or Kyle Lange (langek@lclub.com) for more information  
Register online at [www.lclub.com](http://www.lclub.com) | Online Services or at the Front Desk