

# JR

Programming

# TENNIS



Pro-Approved Only High Performance Teams SUMMER SESSION  
June 10 - August 23 | No class July 4

Most aggressive developmental pathway to raise the level of tennis for the student. Class placement based on UTR guarantees high level hitting and competition suitable to the student. To ensure quality instruction, tennis pros will be team teaching these groups so students can get a variety of input from multiple professionals. We encourage the student to participate in multiple days of practice, lessons, and tournament play. **Student must have a USTA State Ranking. Class placement based upon UTR.**

**EARLY REGISTRATION DISCOUNT** | Receive a \$2.50 per class discount:  
Summer Session if registered by May 29th at **NOON**.

For more information contact Tim Hartwick [hartwickt@lclub.com](mailto:hartwickt@lclub.com)

Junior Programming | Tennis | [www.lclub.com](http://www.lclub.com) | 262.367.4999

### **HIGH PERFORMANCE YELLOW BALL (PRO-APPROVED) | (Ages 10-14) | \$33.00 member | \$38.00 non-member**

These players are solidifying how to put stroke mechanics, footwork, and mental toughness into matches. They are also developing a wider range in their shot selection and strategies. Requirements: USTA Tournament Player, easily rally with regular yellow ball baseline-baseline, serve from baseline, playing multiple times a week.

**Class Options:** Wednesday: 9:00 - 11:00am Mano | Thursday: 2:00 - 4:00pm Alex

### **FREE JUNIOR MIX-UP & MAKE-UP High Performance Yellow Ball Every Friday: 1:00 - 2:30pm**

Every tennis class gets a FREE weekly Friday Junior Mix-up & Make-up play class. This is to support a key part of their growth as youth players in addition to serving as a make-up for any missed lessons during the session. This class is a pro-supervised format where we pair players together to play out points and games of singles and doubles

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### **HIGH PERFORMANCE ACADEMY #1 #2 & #3 (PRO-APPROVED) | \$33.00 member | \$38.00 non-member(120 min classes)**

High Performance Academy classes are the most advanced class offerings. The key focus of this class is to physically and mentally train our students to be able to best compete in High School and USTA Tournament matches. All parts of the game must have strong foundations. Serve, return, baseline, and net play. The skill level of this class cannot slowdown to teach basic fundamentals. This class will go over how to prepare for matches, approach different match situations, and how best to use different shots and strategies. Requirements: Playing in USTA tournaments every 3 months, playing multiple times a week, aggressively pursuing their tennis training. Included weekly is 30 minutes of performance fitness training to accompany the tennis drill. Class placement is based upon UTR ranking.

**HP Academy #1:** Tuesday: 4:00 - 6:00pm Ryan Thursday: 12:30 - 2:30pm Mano

**HP Academy #2:** Monday & Wednesday: 9:00 - 11:00am Alex|Sean|Tim H.

Monday & Wednesday: 3:00 - 5:00pm (Monday) 3:30-5:30pm(Wednesday) Ryan|Sean

Tuesday & Thursday: 2:00 - 4:00pm Mano|Sean

**HP Academy #3:** Monday & Wednesday: 10:00am - 12:00pm Chris|Mano|Tim E.|Tim H.

Tuesday & Thursday: 11:00am - 1:00pm Alex|Mano|Tim H.

**FREE WEEKLY SUPERVISED POINT PLAY** - Challenge Ladder for High Performance Academy (members only) supervised point play is an opportunity to work on match situations and play points with a variety of tournament players.

**Times:** Friday: 12:00 - 1:30pm Friday: 1:30 - 3:00pm Friday: 3:00 - 4:30p

## **New Registration Procedure and Scheduling Options!**

In order to work around your busy summer schedules, participants in High Performance Yellow Ball and above can now register for classes throughout the entire length of the summer and pick the days they can attend. Registration is through Tim Hartwick - hartwick@lclub.com. Please email all the dates you will be registering your child for in advance. The early registration discount deadline for the entire summer program will be at noon on Wednesday, May 29th. Any classes you register for after the deadline will not receive the discount. The same UTR criteria will be used for placement.

Registration for any classes after May 29th must be **AT LEAST 48 hours**  
prior to class start (for staffing purposes).

Registration cancellations also must be **at least 48 hours** prior to class start to avoid a class fee.